

(All items in **Bold Print** require a choice.)

Broths (Regular & Low Sodium)

- Chicken Beef Vegetable

Beverages

- Water
 Juices: Apple Cranberry
 Sodas (Regular or Diet): Cola Ginger Ale Sprite
 Sugar Free Lemonade
 Coffee (Regular or Decaf)
 Hot Tea (Regular or Decaf)
 Gatorade

Desserts

- Gelatin (Regular and Sugar Free)
 Italian Ice
 Popsicles (Regular and Sugar Free)

Condiments

- Salt
 Sweetener:
 Sugar Brown Sugar
 Equal® Splenda® Sweet & Low®

The clear liquid diet is a transitional diet. You will be served clear liquids only, no milk or cream.