

Hot and Cold Cereals

- Strained Grits
- Strained Oatmeal
- Cream of Wheat

Fruit and Yogurt

- Yogurt:**
 - French Vanilla
 - Light Vanilla
 - Raspberry
 - Strawberry

Soups and Broths

- Strained Soup:**
 - Chicken Noodle
 - Tomato Bisque
- Broth** (Regular and Low Sodium)
 - Chicken
 - Vegetable
 - Beef

Condiments

- Salt
- Honey
- Non-Dairy Creamer
- Sweetener:**
 - White Sugar Brown Sugar
 - Equal®
 - Splenda®
 - Equal® Saccharin
- Butter

Beverages

- Water
- Juice:**
 - Orange Apple
 - Cranberry Prune
- Milk:**
 - Skim 2%
 - Soy Vanilla
- Coffee:**
 - Regular Decaf
- Tea:**
 - Decaf Unsweet Iced
 - Hot Hot Decaf
 - Hot Herbal
 - Hot Decaf Green
- Chocolate:**
 - Hot Cocoa
 - Sugar Free Hot Chocolate
- Sugar Free Lemonade
- Sodas** (Regular or Diet):
 - Ginger Ale Lemon-Lime Cola
- Nutritional Shake:**
 - Vanilla Chocolate
- Gatorade**

Desserts

- Ice Cream** (Regular and Sugar Free)
 - Chocolate Vanilla
- Popsicle®: (Regular or Sugar Free)
- Lemon Italian Ice
- Orange Sherbet
- Pudding** (Regular & Sugar Free)
 - Vanilla Chocolate
- Gelatin** (Regular or Sugar Free)

(All Items In **Bold Print** Require A Choice.)