

# Full Liquid Diet

Dining on Call Menu

## Hot and Cold Cereals

- Strained Grits
- Strained Oatmeal
- Cream of Wheat

## Fruit and Yogurt

- Yogurt:**
  - French Vanilla
  - Light Vanilla
  - Raspberry
  - Strawberry

## Soups and Broths

- Strained Soup:**
  - Chicken Noodle
  - Tomato Bisque
- Broth** (Regular and Low Sodium)
  - Chicken
  - Vegetable
  - Beef

## Condiments

- Salt
- Honey
- Non-Dairy Creamer
- Sweetener:**
  - White Sugar  Brown Sugar
  - Equal®
  - Splenda®
  - Equal® Saccharin
- Butter

## Beverages

- Water
- Juice:**
  - Orange  Apple
  - Cranberry  Prune
- Milk:**
  - Skim  2%
  - Soy Vanilla
- Coffee:**
  - Regular  Decaf
- Tea:**
  - Decaf Unsweet Iced
  - Hot  Hot Decaf
  - Hot Decaf Green
- Chocolate:**
  - Hot Cocoa
  - Sugar Free Hot Chocolate
- Sugar Free Lemonade
- Sodas** (Regular or Diet):
  - Ginger Ale  Lemon-Lime  Cola
- Nutritional Shake:**
  - Vanilla  Chocolate
- Gatorade**

## Desserts

- Ice Cream** (Regular and Sugar Free)
  - Chocolate  Vanilla
- Popsicle®: (Regular or Sugar Free)
- Lemon Italian Ice
- Orange Sherbet
- Pudding** (Regular & Sugar Free)
  - Vanilla  Chocolate
- Gelatin** (Regular or Sugar Free)

