

# Clear Liquid Diet

## Dining On Call Menu

### Broths (Regular & Low Sodium)

- Chicken
- Beef
- Vegetable

### Beverages

- Water
- Juices:**  Apple  Cranberry
- Sodas (Regular or Diet):**
  - Cola
  - Ginger Ale
  - Sprite
- Sugar Free Lemonade
- Coffee (Regular or Decaf)
- Hot Tea (Regular or Decaf)
- Gatorade

### Desserts

- Gelatin (Regular and Sugar Free)
- Italian Ice
- Popsicles (Regular and Sugar Free)

### Condiments

- Salt
- Sweetener:**
  - Sugar
  - Brown Sugar
  - Equal®
  - Splenda®
  - Sweet & Low®

*The clear liquid diet is a transitional diet. You will be served clear liquids only, no milk or cream.*

