

Pureed Diet

(PU4) - Dining on Call Menu

Breakfast Options

Breakfast Entrées & Sides

- Puree Waffles
- Puree Scrambled Eggs
- Pureed Turkey Sausage
 - Country Gravy
- Pureed Bacon

Hot and Cold Cereals

- Apple Cinnamon Cream of Wheat
- Cream of Wheat®
- Oatmeal Grits
- Puree Cornflakes Puree Raisin Bran

Fruit and Yogurt

- Yogurt:** Light Vanilla French Vanilla
 - Strawberry Raspberry
- Fruit:** Puree Peaches Puree Pears
 - Puree Mixed Berries Puree Pineapple
- Applesauce:** Plain with Cinnamon

Lunch and Dinner

(See Daily Chef Specials on page 2)

Soups and Broths

- Soup:** Strained Chicken Noodle
 - Pureed & Strained Tomato Basil Bisque
- Broth** (Regular and Low Sodium)
 - Chicken Vegetable Beef

Always Available

- Vegetables (Pureed):**
 - Green Beans Carrots Broccoli
- Starch:**
 - Mashed Potatoes Puree White Rice
- Puree Pasta:** Marinara Sauce
 - Cottage Cheese Hummus
- Meat (Pureed):**
 - Chicken Gravy
 - Roast Beef Demi-Glace

Beverages

- High Protein Nutritional Shake:**
 - Vanilla Chocolate
- Juice:** Orange Apple
 - Cranberry Prune
- Milk:** Skim 2% Soy Vanilla
- Coffee:** Regular Decaf
- Tea:** Iced Hot Regular Hot Decaf
 - Hot Green
- Hot Chocolate:** Regular Sugar Free
- Sodas (Regular & Diet)**
 - Ginger Ale Lemon-Lime Cola
- Sugar Free Lemonade (Crystal Light)

Desserts

- High Protein Nutritional Treat:**
 - Vanilla Chocolate
- ♦♦ Popsicle® (Regular & Sugar Free)**
 - Cherry Orange Grape
- ♦♦ Lemon Italian Ice**
- ♦♦ Orange Sherbet**
- ♦♦ Ice Cream (Regular & Sugar Free)**
 - Vanilla Chocolate
- Pudding (Regular & Sugar Free)**
 - Vanilla Chocolate
- ♦♦ Gelatin (Regular & Sugar Free)**
 - Berry Orange

Condiments

- Salt Pepper Herb Seasoning
- Cinnamon Honey Creamer
- Sweetener:** White Sugar
 - Brown Sugar
 - Equal® Sucralose Equal® Saccharin
- Mayonnaise (*Low-Fat*)
- Ketchup Mustard Hot Sauce
- Butter
- Sour Cream (*Low Fat*)
- BBQ Sauce
- Parmesan Cheese
- Jelly (Regular & Sugar Free):**
 - Grape Strawberry

Pureed (PU4) Diet – Daily Chef Specials			
	Breakfast	Lunch	Dinner
MON	PU4 Waffle PU4 Scrambled Egg PU4 Sausage Link French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Chicken Patty Mashed Potatoes PU4 Green Beans Vanilla Pudding Applesauce with Cinnamon	PU4 Roast Pork, Demi-Glace Puree Mac & Cheese PU4 Peas PU4 Peaches Lemon Italian Ice
TUE	PU4 Waffle PU4 Scrambled Egg PU4 Sausage Link French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Roast Beef, Demi-Glace Mashed Potatoes PU4 Carrots Lemon Italian Ice Puree Peaches	PU4 Chicken Patty, Gravy PU4 Bow Tie Pasta Puree Broccoli PU4 Cookies & Cream Mousse Puree Pears
WED	PU4 Scrambled Egg PU4 Cornflakes Applesauce with Cinnamon French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Chicken Patty PU4 Bow Tie Pasta Marinara Sauce PU4 Green Beans Vanilla Pudding PU4 Peaches	PU4 Beef Pot Roast Demi-Glace Rosemary Parmesan Polenta PU4 Green Peas PU4 Carrots Chocolate Pudding, Puree Pears
THU	PU4 Scrambled Egg PU4 Sausage Link PU4 Raisin Bran PU4 Peaches, French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Roast Beef PU4 White Rice PU4 Carrots Puree Pears PU4 Chocolate Pudding	PU4 Chicken Patty, Gravy PU4 White Rice PU4 Broccoli Applesauce w Cinnamon Vanilla Pudding
FRI	PU4 Waffle PU4 Scrambled Egg PU4 Sausage Link PU4 Pears, French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Turkey, Gravy PU4 White Rice PU4 Broccoli PU4 Cookies & Cream Mousse Applesauce with Cinnamon	PU4 Fish Puree Mac & Cheese PU4 Peas PU4 Citrus Mousse PU4 Peaches
SAT	PU4 Waffle PU4 Scrambled Egg French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Chicken Patty Mashed Potatoes PU4 Green Beans Applesauce with Cinnamon Lemon Italian Ice	PU4 Turkey, Gravy Cream of Rice PU4 Green Beans Chocolate Ice Cream PU4 Pears
SUN	PU4 Scrambled Egg PU4 Sausage Link PU4 Raisin Bran PU4 Pears, French Vanilla Yogurt Orange Juice, Coffee, Milk	PU4 Roast Beef PU4 Mashed Potatoes PU4 Carrots Puree Pears PU4 Citrus Mousse	PU4 Chicken Patty PU4 White Rice PU4 Broccoli Vanilla Pudding Applesauce with Cinnamon

Items with a 🍯 are **NOT** available on trays requiring thickened liquids

Mildly Thick (L2, Nectar Thick consistency) or **Moderately Thick (L3, Honey Thick consistency)**

PU4= Puree

